



Central Institute for Human Performance
Results. No Excuses.

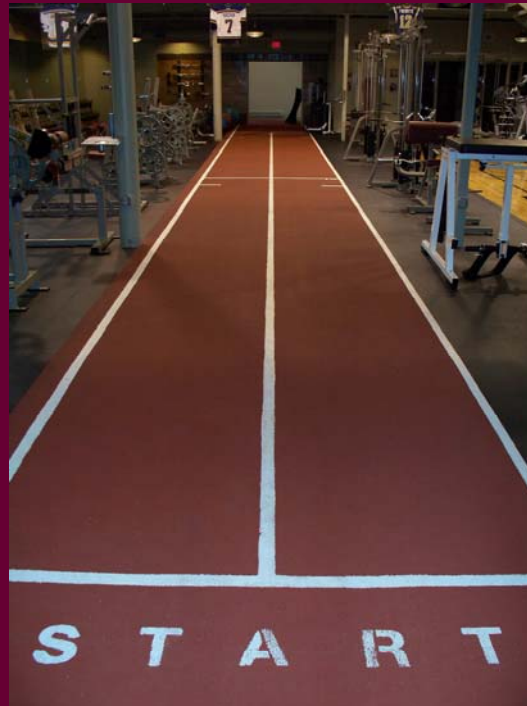


New Year's Health Launch

*Performance 3 Months – 3 x week – As low as \$63.00 per session
* 10% off Metabolic Meals (Must sign up for 3 full months)*

*Performance 3 Months – 3 x week – As low as \$72.00 per session
* Free Post Workout Shakes*

Start the New Year off right!



*Please contact Janet for more information
314.822.1001 ext 32*

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